



ADULT CLASS SCHEDULE

ESSENCE DANVILLE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:15 AM - 2 PM PRIVATE CLASS ALL LEVELS	6:15 AM - 2 PM PRIVATE CLASS ALL LEVELS	6:15 AM - 2 PM PRIVATE CLASS ALL LEVELS	6:15 AM - 2 PM PRIVATE CLASS ALL LEVELS	6:15 AM - 2 PM PRIVATE CLASS ALL LEVELS
				SATURDAY
3:15 PM - 7:15 PM FREE CONSULTATION	4 PM - 7:15 PM FREE CONSULTATION	3:15 PM - 7:15 PM FREE CONSULTATION	4 PM - 7:15 PM FREE CONSULTATION	9:15 AM - 1 PM FREE CONSULTATION
6:15 PM - 7:15 PM ADULT BJJ ALL LEVELS	6:15 PM - 7:15 PM ADULT BJJ ALL LEVELS	6:15 PM - 7:15 PM ADULT BJJ NO-GI ALL LEVELS	6:15 PM - 7:15 PM ADULT BJJ ALL LEVELS	12 PM - 1 PM OPEN MAT

